

# **Important Contacts**

COVERAGE	CONTACT	PHONE	WEBSITE
Medical	SisCo Member Services (HealthCheck360)	833-986-0432	Member Portal:  https://siscoconnect.com/logon/Client= BevCap  Email: mysupport@siscobenefits.com
Prescription Drug Benefits	WellDyne	855-876-5483	www.WellView.WellDyne.com
Virtual Visits	98point6		www.98point6.com/bevcap
Dental	Humana 574233-001	800-233-4013	www.humana.com
Vision	Humana 574233-001	866-995-9316	www.humana.com
Life and AD&D	Lincoln Financial  NOFLSALE-BL-127061  00001067192-00000	800-423-2765	www.lfg.com
Disability	Lincoln Financial  NOFLSALE-BL-127061  LTD 000400003002-0541  STD 00040002000-00516	800-423-2765	www.lfg.com
401(k) Retirement	Transamerica	800-755-5801	www.transamerica.com
401(k) Financial Advisor	Merrill Lynch ID 517214  Bobby Dick	850-599-8969	Robert_dick@ml.com
Supplemental Benefits/Life	Colonial BCN E3165677	904-651-9330	Kenneth.macdougall@coloniallife.com
Employee Assistance Program	Health Advocate Solutions	877-240-6863	<u>HealthAdvocate.com</u>
Legal Shield	Leslee Ray Group No: 134925	904-838-7194	Leslee.acuitycons@att.net
Human Resources	Mike Tymchyn	904-928-1919	Mike.Tymchyn@northfloridasales.com



# Welcome to your Benefits!

We're excited to offer you a comprehensive selection of competitive benefits that play an essential role in your overall compensation package. You have the freedom to choose from a variety of options to ensure the health and well-being of you and your family, as well as to provide financial security in unexpected situations. This guide has been created to address common questions you may have regarding your benefits. We encourage you to take the time to review it thoroughly, ensuring you fully understand the benefits available to you and your family, and remember to take action before the enrollment deadline.

If you (and/or your dependents) have
Medicare or will become eligible for
Medicare in the next 12 months, a federal
law gives you more choices about your
prescription drug coverage. Please see
Required Notices for more details.

## In this guide you will find:

- » Medical Benefits
- » Prescription Benefits
- » FREE Benefits
- » Telemedicine Benefits
- » Dental Benefits
- » Vision Benefits
- » Life and AD&D Benefits
- » Disability Benefits
- » Supplemental Benefits
- » Health Benefit Glossary
- » Required Notices

#### HEALTH CARE COVERAGE REMINDER

You may purchase insurance through the Marketplace only if you experience a Qualifying Life Event or during Open Enrollment. The federal Marketplace Open Enrollment dates are from November 1 through January 15. Refer to the Required Notices in this guide for additional details.

# Eligibility

If you work at least 30 hours per week, you are eligible for benefits. Your benefits are effective 1st of the month following 60 days from your date of hire. You may also enroll your eligible dependents for coverage. Eligible dependents could be:

- » Your legal spouse
- » Children under the age of 26, regardless of student, dependency or marital status
- » Children who are past the age of 26 and are fully dependent on you for support due to a mental or physical disability and who are indicated as such on your federal tax return

#### CHANGING BENEFITS AFTER ENROLLMENT

During the year, you cannot make changes to your medical and dental coverage unless you have a Qualified Life Event. If you do not contact Human Resources within 30 days of the Qualified Life Event, you will have to wait until the next annual Open Enrollment period to make changes (unless you experience another Qualified Life Event).

QUALIFIED LIFE E	EVENT	DOCUMENTATION NEEDED
	Marriage	Copy of marriage certificate
Change in marital status	Divorce/Legal Separation	Copy of divorce decree
	Death	Copy of death certificate
	Birth or adoption	Copy of birth certificate or copy of legal adoption papers
Change in number of dependents	Step-child	Copy of birth certificate plus a copy of the marriage certificate between employee and spouse
	Death	Copy of death certificate
Change in employment	Change in your eligibility status (i.e., full time to part time)	Notification of increase or reduction of hours that changes coverage status
	Change in spouse's benefits or employment status	Notification of spouse's employment status that results in a loss or gain of coverage





## **Medical Plan**

NORTH FLORIDA SALES OFFERS TWO MEDICAL PLANS, MANAGED BY BEVCAP MANAGEMENT AND ADMINISTERED BY SISCO.

#### SAVE WHEN YOU USE IN-NETWORK PROVIDERS

The PPO medical plans allow access to both In-Network and Out-of-Network providers, but you will get better discounts and pay less money by remaining In-Network. When you use providers from within the Cigna network, you receive the benefits at the discounted network cost. If you use non-PPO providers, you will pay more for services. All Out-of-Network services are subject to the amount determined to be eligible by the health plan, and you are responsible for all charges over this allowance.

## **Provider Network: Cigna**



#### OPTIONS TO FIND A NETWORK PROVIDER

- If you are already enrolled, simply log into myCigna.com and log in using your UserID and Password.
- · Visit Cigna.com and click on "Find a Doctor"
  - \*Choose "Employer or School"
  - \*Enter geographic location you want to search and select the search type
  - \*Either Login/Register for myCigna.com or "Continue as guest"
  - \*Fill in the "I Live in" field
  - \*Select PPO
- Call the Advocate team during normal business hours: Monday-Thursday from 8AM-8PM, and Friday 8AM-6PM eastern time.



## All Your Benefits Questions Answered Quickly and Reliably

With the advocacy program, you have access to one-on-one guidance to help you understand and utilize your healthcare benefits effectively. With one call or email, you can connect with on-demand advocates who can help you find in-network providers, understand your available benefits, compare treatment options, and more.





#### **Cost Savings**

Significantly reduce your healthcare expenses with a personal guide to informed decision-making.



#### **Quick Responses**

Get your questions answered from a knowledgeable person, typically within 15 seconds.



#### Convenience

All your benefit details, insurance cards, provider directories, and one-on-one support in one place.



#### **Rewards**

If you select a guided benefit provider for your care, you may qualify for reduced coinsurance, copays, and deductibles.

# We're here to help you easily manage your benefits:

- ✓ Check your deductible, coinsurance, co-pay, and out-of-pocket maximum.
- ✓ Get help with claims and billing questions.
- $\checkmark$  See pricing for upcoming procedures or imaging.
- ✓ View your insurance cards and benefits enrollment details.

The advocacy program is completely confidential and provided as part of your benefits program at no cost to you!

### **Evaluate Healthcare Costs With Confidence and Save!**

Let's say you need a medical procedure. Did you know that the cost and quality of that procedure can vary widely between providers, even within the same community?

If you select a guided benefit provider, you may qualify for reduced coinsurance, copays, and deductibles. Contact an Advocate today to learn more.

## How to request assistance finding a provider:

Example: You need a Dermatologist. Find a provider using one of these options:

- 1. Log on to your SISCO Connect App or Member Portal
  - On the left side, choose Messages and Activities.
  - In the dropdown, choose *Cost Comparison*.
    - Select **Start Cost Comparison.**
  - Enter in the required information and select **Next**.
- 2. Call the advocate team at (833) 986-0432.
- 3. Email your advocate at <a href="mysupport@siscobenefits.com">mysupport@siscobenefits.com</a>.
- 4. Schedule with a guided benefit provider and complete your visit.

## Register for the SISCO Connect App or Member Portal

- 1. Scan the QR Code to get started.
- 2. Or visit <a href="https://siscoconnect.com/logon/Client=BevCap">https://siscoconnect.com/logon/Client=BevCap</a> to access the SISCO Member Portal.
- 3. Click **Register Now** in the upper right corner
- 4. Fill out the registration form and click **Submit**. Your ID Number can be found on your ID Card.

## **Logging In To Your Account**

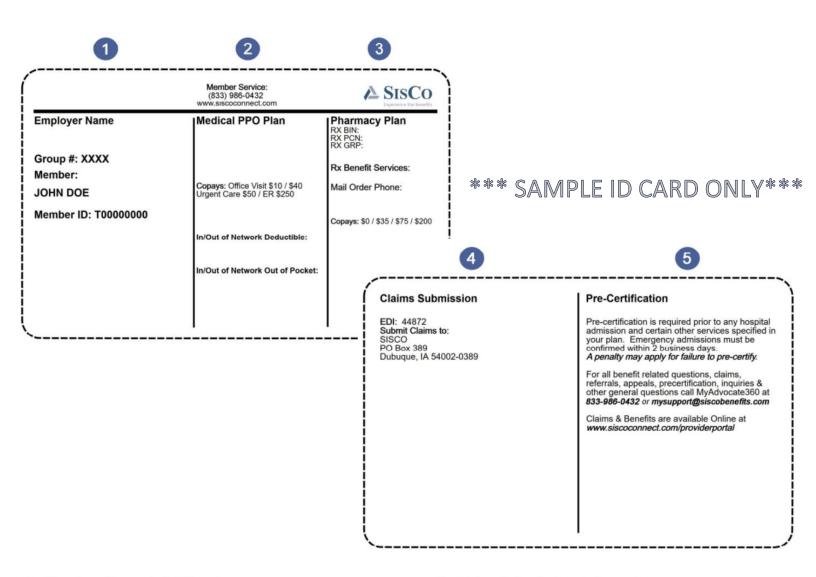
Once you've registered for the SISCO Connect App or Member Portal, use your username and password to log in. The Login button is in the upper right corner of the screen.



#### Get In Touch

Email: mysupport@siscobenefits.com Call: (833) 986-0432 Monday-Thursday | 8 am-8 pm (EST) Friday | 8 am-6 pm (EST)

## **Understanding Your Medical ID Card**



#### 1) Member Name & ID Number

The name of the Member is listed here.

The Member ID is a unique identifier to you.

#### 2) Pharmacy Information

This section includes the necessary information to access your pharmacy benefits via Pharmacy Benefit Manager. Pharmacy Copays are also listed based on tier of coverage:

Generic / Non-Formulary / Brand Name / Specialty

#### 3) Deductible, Co-Insurance, & Copays

These are the specific benefits of your plan, for quick reference.

#### 4) Claim Submission Information

The address you as a member or the provider will submit your claims to for reimbursment.

#### 5) Plan Information

Information about your plan

## **MEDICAL PLAN OVERVIEW**

SISCO (CIGNA NETWORK)	BASE PLAN		BUY UP PLAN	
	IN-NETWORK	OUT-OF- NETWORK	IN-NETWORK	OUT-OF- NETWORK
BASIC INFORMATION				
Deductible (Single/Family)	\$1,500/ \$3,000	\$6,000/ \$12,000	\$500/ \$1,000	\$2,000/ \$4,000
Coinsurance (You Pay)	20%	50%	20%	50%
Out-of-Pocket Limit (Single/Family)	\$5,500/ \$11,000	\$22,000/ \$44,000	\$3,500/ \$7,000	\$6,000/ \$12,000
		YOU	PAY	
ROUTINE SERVICES				
Virtual Care/Telehealth	\$0	\$0	\$0	\$0
Physician Office Visit	\$20 copay	50%*	\$20 copay	50%*
Specialist Office Visit	\$40 copay	50%*	\$40 copay	50%*
Preventive Services (Adults/Children)	\$0	50%*	\$0	50%*
OTHER SERVICES				
High Tech Radiology (CT, PET, MRI) performed at Preferred Advanced Imaging Provider (Preferred Provider)	\$0 (Must be coordinated through HealthCheck360)		\$0 (Must be coordinated through HealthCheck360)	
Surgery Centers (Free Preferred Surgical Centers)	\$0 (Must be coordinated through HealthCheck360)		\$ (Must be coordinated th	
HOSPITAL AND FACILITY SER	VICES			
Emergency Room Visits	\$750 (Waived if True Emergency)		\$750 (Waived if True Emergency)	
Urgent Care Visits	\$40 copay	50%*	\$40 copay	50%*
PRESCRIPTION DRUGS	\$40 \\$0 F \\$0 C		\$40.40.5 IAO.5	
Tier 1 / Tier 2 / Tier 3	\$10/\$35/\$60	N/A	\$10/\$35/\$60	NI/A
Mail-Order Prescriptions	\$20/\$70/\$120	N/A	\$20/\$70/\$120	N/A
Specialty	20% up to \$250/\$300		20% up to \$250/\$300	

<sup>\*</sup>After Deductible

## **MEDICAL PLAN COSTS**

MEDICAL (WEEKLY RATES)	BASE PLAN	BUY UP PLAN
Employee	\$57.70	\$73.34
Employee + Spouse	\$338.91	\$373.94
Employee + Child(ren)	\$228.28	\$251.87
Employee + Family	\$490.53	\$541.22

# Prescription Drug Benefits



- » Contact WellDyne Customer Care team at 855-876-5483
- » 24/7 Access to Manage prescriptions, setup mail order, drug formulary and pricing, pharmacy locator and more by logging into WellDyne WellView Member Portal at WellView.WellDyne.com
- » Health and Prescription updates, sign-up for WellConnect text messages through the WellView Member Portal
- » Important Note: Pharmacy Network Does NOT include Walgreens



# WellDyne Drug Savings Programs

## **Drug Importation Program**

International sourcing is a safe, reliable way to get your medication at a lower cost. On behalf of your benefit plan, WellDyne offers drug importation for certain specialty and high-cost maintenance medications.



WellDyne will identify members taking an eligible medication.



The International sourcing team will contact member via phone call and text to inform them about program and help with enrollment.



Receive a 90-day supply of your medication at your doorstep.

## **Cost Plus Drugs**

- Fill a 90 day supply shipped to your home
- What you pay accumulates towards your deductible and out of pocket
- If you're signed up for WellDyne WellConnect;
   WellDyne will send you a text message if your medication is available through Cost Plus.

## Get started today in 3 easy steps!



#### Find your medication

Go to costplusdrugs.com/medications/ to find your generic drugs on our Medication List.



#### **Create your account**

Go to costplusdrugs.com/create-account/ and enter your basic health information. Make sure to complete all steps.



Ask your doctor to send a new prescription to "Mark Cuban Cost Plus Drug Co."
Put the email address you used to create your account on the Rx.

Scan the QR code or visit costplusdrugs.com to get started







# Where to Seek Care



#### TELEMEDICINE

Use telemedicine to seek treatment for minor and easily diagnosable medical conditions. Text/message with a board-certified physician / pediatrician over the phone.

- » Colds & flu
- » Sore throats
- » Headaches
- » Stomach aches
- » Fever
- » Allergies & rashes
- » Pink Eye

- » FREE! No cost to you!
- » Your insurance covers the cost of the consultation.
- » Registration takes 5–10 minutes. Consultation calls can take 10–15 minutes. No need to leave home or work.

#### PRIMARY CARE

See a general practitioner or your primary care physician for routine or preventive care, to keep track of medications and health maintenance.

- General health, immunizations, screenings
- » Preventive care
- » Routine check-ups

- » Physician office visit copay.
- » You usually need an appointment.
- » Wait times vary based on their appointment schedule.

#### **URGENT CARE CLINIC**

Visit an urgent or convenience care clinic to seek treatment for minor medical conditions that may be more urgent or that should be diagnosed in-person. Note: Freestanding ERs are growing in popularity. They look like urgent care clinics, but bill as ERs.

- Colds & flu
- » Rashes or skin conditions
- » Sore throats, earaches, sinus pain
- » Minor cuts or burns
- » Pregnancy testing
- » Vaccinations
- » X-ray

- Urgent care copay.
- It ultimately depends on what codes the facility uses when submitting claims.
- » Some clinics take appointments, but walkins are most common.

#### **EMERGENCY ROOM**

Only visit the ER for immediate treatment of critical or life- threatening injuries or illnesses.

If truly life-threatening, call 911.

- » Uncontrolled bleeding
- » Compound fractures
- » Sudden numbness or weakness
- » Seizure or loss of consciousness
- » Shortness of breath
- » Chest pain
- » Head injury or other major trauma
- » Blurry vision or loss of vision
- » Severe cuts or burns

- » ER copay.
- » Depending on the extent of services provided, you may be balanced billed.
- » Wait times vary but can often be extensive for ERs.



98point6 is a great alternative to urgent care and emergency room visits because it provides you 24/7/365 access to U.S. board-certified doctors — receive the treatment you need in an easy and timely manner. In addition, you have the ability to send your visit results to your primary care physician. Download the 98point6 app to get started: **98point6.com/bevcap.** 



#### REMOTE HEALTH CARE CAN TREAT MANY COMMON HEALTH ISSUES

98point6 doctors can diagnose many health issues like cold and flu symptoms, allergies, rash, skin problems and so much more! If medically necessary, a prescription will be sent to the pharmacy of your choice.

- » Abdominal Pain/Cramps
- » Cold and Flu Symptoms
- » Respiratory infection
- » Allergies
- » Dizziness

- » Sinusitis
- » Animal/Insect Bites
- » Eye Infection/Irritation
- » Sore Throat
- » Asthma

- » Headaches/Migraines
- Sprains and Strains









## HealthCheck360

The HealthCheck360 Advocate delivers a higher level of customer service than you've ever experienced and is provided for your insurance needs. The Advocate team is available to answer your health care questions and guide you through the complexities of your medical plan — at no cost to you.



## UNDERSTAND INSURANCE BENEFITS

Receive guidance in understanding your benefits throughout the year.



## GET HELP WITH MEDICAL BILLS

Have your medical bills reviewed to make sure you are not overcharged.



#### FIND A NETWORK PROVIDER

Find in network doctors in your area who meet your personal preferences and health care needs.

#### FREE MEDICAL CARE

If you require surgery or imaging, contact the Advocate team to see if the services are eligible for one of the contracted surgery centers for a zero out-of-pocket cost to you.

#### FOR QUESTIONS OR ADDITIONAL INFORMATION

Contact the Advocate team at <a href="mysupport@siscobenefits.com">mysupport@siscobenefits.com</a> or call 833-986-0432.







Need surgery? No out-of-pocket costs? Contact the Advocate team at 833-986-0432 or <a href="mailto:mysupport@siscobenefits.com">mysupport@siscobenefits.com</a>.

We are constantly evaluating and improving the benefits plans to provide you and your family with access to the highest quality care and the best patient experience available.

#### WHAT ARE THE BENEFITS TO USING A PREFERRED SURGERY CENTER?

- » Receive high-quality post-op care from top-rated surgeons
- » A superior patient experience and outstanding customer service
- » Pay nothing out-of-pocket! Your health costs (deductible and coinsurance) are waived
- » Travel expenses for you and an adult caregiver are reimbursable

The following expenses for member and an adult caregiver who travel to the surgery center are covered: mileage, hotel, per diem food allowance during stay and first post-surgery prescription paid.

Member must elect to have surgical procedure performed at one of the plan's Preferred Surgical Centers. A wide range of procedures can be performed at our Preferred Surgical Centers.

#### **BENEFITS**

- » Access top surgeons & anesthesiologists
- » Beautiful, state-of-the-art facilities
- » No copay/deductible
- » Dedicated Advocate
- » Care Coordination
- » Travel Arrangements

#### **PROCESS**

- » Outreach to members
- » Obtain medical records
- » Assist with diagnostic testing
- » Coordinate surgery schedule
- » Arrange travel (Flight, Hotel, Car Service)
- Facilitate post-op care (PT/Wound Care)

# Preferred Advanced Imaging Providers



You have access to a concierge scheduling program for advanced radiology including MRI, CT and PET scans.

#### WHY USE A PREFERRED IMAGING PROVIDER?

Imaging costs are 100% covered when you utilize an advanced imaging provider by scheduling with an Advocate, at a time and place convenient to you. By utilizing an advanced imaging network, you have access to a national network with over thousands of facilities.

#### **HOW IT WORKS**

- » Pre-certification is required so either you or your provider will contact the Advocate team
- » When the procedure has been pre-certified, the Advocate team will contact you to make sure you want to use Advanced Imaging
- » An advanced imaging representative will call you to inform you of your authorized imaging and arrange for an appointment at a time and date convenient for you
- » An advanced imaging representative can provide education about your test including quality and safety information
- » An advanced imaging representative provides a written appointment confirmation and directions
- » After your imaging has been completed, an advanced imaging representative sends a satisfaction survey to ensure an excellent level of service

For more information about Advanced Imaging, please contact the Advocate team at 833-986-0432 or mysupport@siscobenefits.com.

# Digital Physical Therapy

Digital Physical Therapy Network uses technology to provide quality, convenient and connected care to patients in the comfort of their own homes. No need to worry about transportation, traffic or the weather. You can safely recover from home, on your schedule, with your licensed physical therapist always available.

#### **HOW IT WORKS**

- 1. When you receive an order for physical therapy, you or your provider may contact the Advocate team at 833-986-0432 or <a href="maysupport@siscobenefits.com">mysupport@siscobenefits.com</a> to authorize therapy.
- 2. The Advocate team will submit authorization and referral to Digital Physical Therapy Network.
- 3. Digital Physical Therapy Network will contact you to schedule your initial evaluation.

#### TELLS US WHERE IT HURTS

## HAVE YOU HAD A RECENT INJURY OR ACCIDENT?



Let's address that acute pain from sprains, strains, twists, and more.

# DO YOU HAVE PAIN THAT KEEPS FLARING UP?



We'll get to the bottom of those periodic aches and pains that set you back.

# ARE YOU LIVING IN PAIN MOST DAYS?



Together, we'll treat the longterm issues that keep you from doing what you love.

## WITH YOUR BENEFIT, GET ACCESS TO:

- » Convenient video visits
- » Medical Evaluation & diagnosis
- » Personalized treatment including physical therapy & more
- » Non-opiod pain medication & imaging if needed
- » Support to help you manage pain, regain strength, & enjoy life



### FREE BENEFITS PROGRAM

# Maternity Advocates

Even with health insurance and a good doctor, pregnancy is stressful, complicated and a unique experience every time. To make the pregnancy in your life easier, your group offers a benefit called the Maternity Advocates program. This unique benefit allows you to have on-demand access to Maternal Fetal Medicine specialists — physicians trained to deal with pregnancies of all kinds — and other pregnancy support services such as lactation consultants, behavioral health specialists, and nurse navigators.



The Maternity Advocates employee benefit is available to you free of charge. Book an appointment today by contacting the Advocate team at 833-986-0432 or <a href="mailto:mysupport@siscobenefits.com">mysupport@siscobenefits.com</a>.

#### WHAT IS INCLUDED

- » Unlimited On-Demand Visits Meet with boardcertified, U.S.-trained Maternal Fetal Medicine physicians on-demand, however much you want.
- » Care Team Built for Pregnancies Looking to meet with a lactation consultant, behavioral health specialist or nurse navigator? They're available too.
- » Teleperinatal Mobile App Track and learn about your pregnancy with our tracker and content library provided by Mayo Clinic.
- » Personalized Pregnancy Roadmap Following every visit, you'll receive a roadmap with everything to expect in your pregnancy, personalized to you.

Visit our site at <a href="www.maternityadvocates.com/bevcap">www.maternityadvocates.com/bevcap</a> for more information and FAQs

\*Upon completion of the program you will receive a 1-Year subscription of free diapers.

\*Diaper incentive requires registration into program prior to first day of 3rd trimester (28 weeks).

# ROADMAP TO A SUCCESSFUL PREGNANCY EXAMPLE

Here's a look at what a successful pregnancy utilizing the specialists in the Maternity Advocates program looks like:

#### 4 WEEKS

Patient notifies provider she's pregnant

#### 10 WEEKS

Patient visits with provider

#### 14 WEEKS

Patient consults with MFM physician

#### 20 WEEKS

Anatomy scan

#### 28 WEEKS

Diabetic screen

#### 36 WEEKS

Delivery planning meeting with MFM

#### 40 WEEKS

Baby is born! Mother and baby go home



# Disease Management

The Disease Management program assists members in managing chronic conditions with a goal of improving their clinical condition and reducing unnecessary health care costs while improving quality of life. Our program promotes participant self- care by providing patient education, coaching and monitoring, facilitates collaboration within the health care team (patient, physician and health plan), and coordinates services as appropriate across the health care continuum.

# MANAGED CHRONIC CONDITIONS INCLUDE:

- » Diabetes
- » Hyperlipidemia
- » Hypertension

#### **SERVICES**

- » Access to Registered Nurses
- » Evidence-based Highly Personalized Care
- » Member Engagement, Coaching and Monitoring
- » Advanced Risk Scoring and Analytics
- » Review of Reports, Lab Results, Screenings and Assessments
- » Patient Education Tools and Resources



# Personalized Specialty Infusion Care



Quantify is a national infusion provider that offers local and homebased specialty therapy services. Their integrated model makes specialty therapy care easier and more accessible.



## **What makes Quantify Different?**

- \$0 yearly out-of-pocket expenses
- \$0 copays for each treatment
- In-home infusions available in all 50 states
- We provide 24/7 nursing support for all your health needs

### What's Included?

- · Expert care, wherever you are
- 24/7 clinical support and realtime health insights
- Support for your whole health
- Precision treatment and medication
- If eligible, you will receive a call with information on setting up a consultation to learn more.
- A dedicated team member will reach out to discuss, and help you enroll in, your treatment plan whether at home or at one of our 65+ locations nationwide.
- Our team will work with your current provider to ensure an easy transition to your new specialty care.
- We'll send you everything you need to prepare for your first home or in-clinic appointment, including simple step-by-step guides to get started.
- When it's time for your treatment, we make sure everything is ready for an easy experience. Your care team will be there to answer any questions and keep you comfortable.
- Experience ongoing support with regular check-ins, 24/7 access to your care team, and continuous monitoring to enhance your overall well-being.

### FREE BENEFITS PROGRAM









Life is easier with the right support.

You don't need to wait for a crisis to prioritize your mental health. BevCap partners with Spring Health to provide personalized care and resources to support you through any of life's challenges.

Spring Health can support your mental health with easy access to:

#### Free therapy

Get convenient, confidential support from a therapist of your choice. Each member (age 6+) gets 6 sessions per year.

#### Free coaching

Build new skills, create healthy habits, and reach personal goals. Each member (13+) gets 6 free sessions per year.

#### Care guidance and support

A Care Navigator can walk you through your care plan, help you find the right provider, and support you along the way.

#### Family Care

Get support for your family with fast access to providers who specialize in care for couples, families, children (age 6+), and teenagers.

#### Personalized care

Take a short online assessment to get care and provider options that support your unique needs, goals, and preferences.

#### Substance use support

Get connected with alcohol or substance use programs that fit your needs and lifestyle.

#### Contact Spring Health:

springhealth.com/support 1-855-629-0554

General support: M-F, 8am-11pm ET Crisis support: 24/7 (press 2)

#### Learn more and get started:

bevcap.springhealth.com Spring Health mobile app Work-life code: bevcap

Spring Health is available at no cost to all employees enrolled in the medical plan and their covered dependents.

Your care with Spring Health is private and confidential.



### FREE BENEFITS PROGRAM







YOU NOW HAVE ACCESS TO VIRTUAL SLEEP APNEA CARE THROUGH:



# → GEM·SLEEP



### **Sleep Evaluation**

GEM has removed the starts, stops and hidden costs in getting a sleep apnea diagnosis. Order a home sleep test to evaluate your sleep from the comfort of your own bed.

GEM sleep test includes:

- » Testing
- » Clinician Review
- » Diagnosis
- » Treatment recommendation& prescription (if needed)



# Sleep Apnea Treatment

Based on your sleep test evaluation, you'll receive recommendations from GEM clinicians.

GEM makes it easy to get the right treatment:

- » Virtual mask fitting
- » Multiple treatment options
- » Mask & machine guarantee
- » CPAPs ready to ship



### **Sleep Evaluation**

GEM's team of experts will help you track your progress and provide guidance to make your transition smooth.

- » 1:1 Support
- » Live virtual visits available

**How to get started:** Contact the Advocate team at 833-986-0432 or mysupport@siscobenefits.com.

If you have a concern of sleep apnea or if you have been diagnosed but not treated, you might qualify for this program.





# Federal and State Benefit Navigation

## A team of experts, ready to help.

FEDlogic is an advocacy service provided by your employer that gives you access to a team of experts who can assist you in understanding federal and state benefit options. FEDlogic's experts have worked for Social Security Administration and have spend years mastering these policies from the inside out. Without education, and advocacy, many individuals don't take advantage of all benefits available to them. FEDlogics' experts can provide you with a peace of mind ensuring that you identify and maximize all of your benefits. FEDlogic does not sell, endorse, or promote any products or services. FEDlogic is a team of unbiased advocates with decades of experience.

## **Key Programs FEDlogic can assist with:**

- » Medicare
- » Medicaid
- » Healthcare.gov
- » COBRA
- » Social Security Disability
- » Social Security Retirement
- » State Specific Benefits
- » Alternative Healthcare Options
- » Survivors Benefits (Widows & Child)

- » Premature Baby Birth
- » ESRD (Dialysis)
- » ALS (Lou Gehrig Disease)
- » Terminal Illness
- » Cancer
- » SSI (Supplemental Security Income)
- » Veteran's Benefits
- » Tribal Benefits
- » Catastrophic Claims

Have questions or want to learn more?

Call 877-837-4196 or email

services@fedlogicgroup.com for a

consultation.



With a focus on prevention, early diagnosis and treatment, dental insurance can greatly reduce your costs when it comes to restorative, and emergency procedures. Preventive services are covered at no cost to you and include routine exams and cleanings. You will only pay a small deductible and coinsurance for basic and major services.

When you visit a dentist in the network, you will maximize your savings. These dentists have agreed to reduced fees, which means you won't get charged more than your expected share of the bill.

HUMANA	Dental Traditional Preferred		Dental PPO	
	IN-NETWORK	OUT-OF- NETWORK	IN-NETWORK	OUT-OF- NETWORK
CALENDAR YEAR DEDUCTIBLE				
Individual	\$50	\$50	\$50	\$50
Family (3 per family)	\$150	\$150	\$150	\$150
CALENDAR YEAR PLAN MAXIMUM				
Per Individual	\$1,250 \$1,000			
	YOU PAY			
PREVENTIVE CARE	0%	0%	0%	20%
BASIC SERVICES	20%*	20%*	20%*	50%*
MAJOR PROCEDURES	50%*	50%*	50%*	50%*
Orthodontics	N/A	N/A	N/A	N/A

<sup>\*</sup>After Deductible

DENTAL (WEEKLY RATES)	Traditional Preferred	Dental PPO
Employee	\$5.39	\$4.48
Employee + One	\$10.47	\$9.62
Employee + Family	\$17.66	\$14.36

# Vision **Benefits**

**HEALTHY EYES AND CLEAR VISION ARE AN IMPORTANT** PART OF YOUR OVERALL **HEALTH AND QUALITY OF LIFE** 





The table below summarizes the key features of the vision plan.

Please refer to the official plan documents for additional information on coverage and exclusions.

HUMANA	VISION PLAN	
	PARTICIPATING PROVIDER	NON-PARTICIPATING PROVIDER
COST	YOU PAY	
Exam	\$10	Up to \$30 allowance
Contact Lens Exam	Standard up to \$40 Premium 10% off retail	Not Covered
COVERED SERVICES - LENSES		
Single Lenses	\$15	Up to \$25 allowance
Bifocals	\$15	Up to \$40 allowance
Trifocals	\$15	Up to \$60 allowance
Frames	\$130 allowance plus 20% off balance over \$130	\$65 allowance
COVERED SERVICES - CONTACT	IS IN LIEU OF FRAMES/LENSES	
Contacts - Medically Necessary	Covered in full	Up to \$200
Contacts - Elective	\$130 Up to \$104	
BENEFIT FREQUENCY		
Exams	Once every 12 months	Once every 12 months
Lenses	Once every 12 months	Once every 12 months
Frames	Once every 24 months	Once every 24 months
Contacts	Once every 12 months	Once every 12 months
VISION (WEEKLY RATES)	VISION PLAN	
Employee	\$1.50	
Employee + One	\$2.99	

\$4.01

**Employee + Family** 

# Life and Accidental Death & Dismemberment (AD&D) Insurance

Life insurance provides a lump-sum payment to your designated beneficiary or beneficiaries to help cover expenses in the event of your death. Accidental Death & Dismemberment (AD&D) insurance offers additional financial protection by paying a benefit if you die or sustain specific serious injuries due to a covered accident. For covered accidental injuries—such as the loss of sight or a limb—you'll receive a percentage of your elected AD&D coverage, determined by the severity of the injury.

LIFE / AD&D INSURANCE -FOR YOU - LINCOLN FINANCIAL			
	LIFE AND AD&D	VOLUNTARY LIFE AND AD&D	
Coverage Amount	\$10,000 (Provided by North Florida Sales)	Increments of \$10,000 up \$300,000	

#### **DEPENDENT VOLUNTARY LIFE**

Voluntary Life insurance for your dependents can help protect your family during difficult times.

LIFE / AD&D INSURANCE – FOR YOUR DEPENDENTS – LINCOLN FINANCIAL		
	SPOUSE	CHILD(REN)
Coverage Amount	Increments of \$5,000 up to maximum of \$30,000 or 50% of employee coverage	\$10,000

#### SUPPLEMENTAL LIFE THROUGH COLONIAL

WHOLE LIFE AND TERM LIFE

Through Colonial you may also elect additional whole or term life insurance coverage. These policies both have a chronic care rider

# Disability Insurance

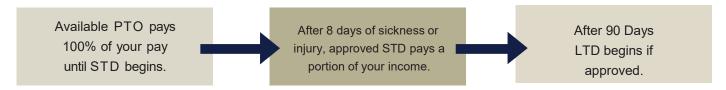


Disability insurance can keep you financially stable should you become disabled and unable to work. It can help provide a sense of security, knowing that if the unexpected should happen, you'll still receive a monthly income.

SHORT-TERM DISABILITY BENEFITS AT A GLANCE – LINCOLN FINANCIAL		
Coverage 60% of your weekly earnings to a \$500 maximum for 13 weeks.		
When Benefits Begin Benefit begins on the 8th consecutive day of disability		
Election Required	Yes	

LONG-TERM DISABILITY BENEFITS AT A GLANCE - LINCOLN FINANCIAL		
<b>Coverage</b> 60% of your pre-disability earnings, up to a maximum benefit of \$5,000 per month until you recover or reach your Social Security Normal Retirement Age, whichever is sooner.		
When Benefits Begin	Benefit begins after 90 days of disability	
Election Required	Yes	

#### HOW STD AND LTD WORKS TOGETHER



A qualifying disability is a sickness or injury that causes you to be unable to perform any other work for which you are or could be qualified by education, training or experience.



What does your ideal retirement look like? Maybe you dream of exploring new countries, or perhaps you'd prefer to spend your time pursuing hobbies and passions closer to home. Whatever your vision, preparing for retirement starts with taking control of your finances today to ensure you have the income you'll need tomorrow.

One of the most effective ways to build a secure financial future is to start saving as early as possible. Our 401(k) savings plan is designed to help you do just that, offering the advantage of pretax contributions to grow your retirement savings more efficiently. Once you're eligible, you can enroll in the plan at any time and begin contributing through convenient payroll deductions—making it easy to stay on track toward your goals.

## **INCREASE YOUR RETIREMENT SAVINGS WITH A 401(K)**

Set Aside Contributions of Your Eligible Earnings

- ➤ Employees are eligible to contribute to the plan after 1 year of employment and allows for quarterly enrollments on January 1, April 1, July 1, and October 1 of each year. Employees can increase their contributions on these dates. Decreasing contributions can be done at any time.
- ➤ Enrollment in the plan is automatic. Contributions of 2% will be payroll deducted the first of the quarter following eligibility
- ➤ North Florida Sales provides a 20% discretionary match of what the employee contributes on an annual basis. Employee contributions are 100% vested. Employer matching funds are based on a vesting schedule.
- ➤ Contribute pretax dollars up to \$23,500 per year

# Supplemental Benefits





North Florida Sales offers a variety of supplemental benefits through Colonial Life.

**ACCIDENT** 

Accident pays you and your covered dependents benefits for injuries received in accidents on or off the job. These payments can help offset expenses incurred such as time off work, medical and non-medical expenses resulting from an accident

Critical Illness insurance can supplement your major medical coverage by providing a lump-sum benefit that you can use to pay costs related to a covered critical illness.

CRITICAL ILLNESS

MEDICAL BRIDGE

A hospital stay can result in high out of pocket expenses at a time when you can least afford them. Medical Bridge pays a flat amount for specific medical procedures.

Almost everyone knows someone affected by cancer and has seen it's devastating financial effects. This policy helps offset the out-of-pocket medical and indirect non-medical expenses related to cancer that most medical plans may not cover.



# **Employee Assistance Program**









Website: HealthAdvocate.com

Phone: 877-240-6863

Group Number: North Florida Sales Triple P Distributing

The Employee Assistance Program (EAP) provides professional and confidential services to help you and family members address a variety of personal, family, life, and work-related issues. From the stress of everyday life to relationship issues the EAP can help with any issue affecting overall health, well-being and life management.

EAP benefits are free of charge, 100% confidential and has 24/7 support.

Identity Theft Protection

Unfortunately, identity theft is on the rise. But identity theft monitoring can help outsmart these criminals by preventing fraud, detecting fraud-ulent activity on a daily basis and resolving identity theft issues you may face. With Identity Theft insurance, you have an easy and afford-able way to help better protect and monitor the identities of you and your family. You'll be alerted to potentially suspicious activity and enjoy the peace of mind that comes with the support of dedicated resolution specialists — and a customer care team that's available anytime, every day.

Identity Theft insurance provides comprehensive benefits including:

- Credit protection services
- Proactive identity monitoring
- Breach notifications
- Managed resolution services

# Legal Shield

The Legal Shield benefit provides legal services that are affordable to you when the need arises. Plan benefits emphasize preventive legal care to help keep minor legal problems from becoming serious — or financially devastating. This plan offers assistance with a wide range of legal matters, which covers everyday situations when legal advice is helpful. Assistance includes:

- **Debt Matters**
- **Document Preparation**
- Personal Injury
- Real Estate Matters
- Traffic and Criminal Matters
- Wills and Estate Planning

# Legal Shield – Basic CDL

The Basic CDL plan provides a variety of legal services including tragic accident representation, license reinstatement, moving violations, DOT and non-moving violations, property damage collection, personal injury collection, and other transportation-related legal work.





# Health Benefit Glossary

Coinsurance. A percentage of a health care cost
— such as 20 percent — that the covered
employee pays after meeting the deductible.

**Copayment.** The fixed dollar amount — such as \$30 for each doctor visit — that the covered employee pays for medical services.

**Deductible.** A fixed dollar amount that the covered employee must pay out of pocket each calendar year before the plan will begin reimbursing for non-preventive health expenses. Plans usually require separate limits per person and per family.

**Formulary.** A list of prescription drugs covered by the health plan, often structured in tiers that subsidize low-cost generics at a higher percentage than more expensive brand-name or specialty drugs.

Preferred Provider Option Network (PPO). The PPO means your insurance company will have a network of care providers available to you at your

discretion. The care provider will file the claim with your PPO carrier, and you pay the difference between the bill and the insurance payment.

**In-network.** Doctors, clinics, hospitals and other providers with whom the health plan has an agreement to care for its members. Health plans cover a greater share of the cost for in-network health providers than for providers who are out-of-network.

**Out-of-network.** A health plan will cover treatment for doctors, clinics, hospitals and other providers who are out-of-network, but covered employees will pay more out-of-pocket to use out-of-network providers than for in-network providers.

**Out-of-pocket limit.** The most an employee could pay during a coverage period (usually one year) for his or her share of the costs of covered services, including co-payments and co-insurance.

**Premium.** The amount that must be paid for a health insurance plan by covered employees, by their employer, or shared by both. A covered employee's share of the annual premium is generally paid periodically, such as monthly, and deducted from his or her paycheck.







# Required Notices



#### Health Insurance Portability and Accountability Act of 1996 (HIPAA)

The Health Insurance Portability and Accountability Act of 1996 (HIPAA) is a federal law that addresses the privacy and security of certain individually identifiable health information, called protected health information (or PHI). You have certain rights with respect to your PHI, including a right to see or get a copy of your health and claims records and other health information maintained by a health plan or carrier. For a copy of the Notice of Privacy Practices, describing how your PHI may be used and disclosed and how you get access to the information, contact Human Resources.

#### Women's Health and Cancer Rights Act Enrollment Notice

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Woman's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- 1. All stages of reconstruction of the breast on which mastectomy was performed.
- 2. Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- 3. Prostheses; and
- 4. Treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided subject to the same deductibles, copays, and coinsurance applicable to other medical and surgical benefits provided under your medical plan. If you would like more information on WHCRA benefits, call your plan administrator.

#### Newborns' and Mothers' Health Protection Act Disclosure

Group health plans and health insurance issuers generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the insurance issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

#### **60-DAY SPECIAL ENROLLMENT PERIOD**

In addition to the qualifying events listed in this enrollment guide, you and your dependents will have a special 60-day period to elect or discontinue coverage if:

You or your dependent's Medicaid or Children's Health Insurance Program (CHIP) coverage is terminated as a result of loss of eligibility; or You or your dependent becomes eligible for a premium assistance subsidy under Medicaid or CHIP

#### **HIPAA Special Enrollment Notice**

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in the medical plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing toward your or your dependents' other coverage). However, you must request enrollment within 30 days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage).

In addition, if you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 30 days after the marriage, birth, adoption, or placement for adoption.

If you or your dependents lose eligibility for coverage under Medicaid or the Children's Health Insurance Program (CHIP) or become eligible for a premium assistance subsidy under Medicaid or CHIP, you may be able to enroll yourself and your dependents. You must request enrollment within 60 days of the loss of Medicaid or CHIP coverage or the determination of eligibility for a premium assistance subsidy. To request special enrollment or to obtain more information about the plan's special enrollment provisions, contact your plan administrator.

Triple P Distributing Co, Inc. dba North Florida Sales 3601 Regent Blvd Jacksonville, FL 32224

#### \*\* Continuation Coverage Rights Under COBRA\*\*

#### Introduction

You're getting this notice because you recently gained coverage under a group health plan (the Plan). This notice has important information about your right to COBRA continuation coverage, which is a temporary extension of coverage under the Plan. This notice explains COBRA continuation coverage, when it may become available to you and your family, and what you need to do to protect your right to get it. When you become eligible for COBRA, you may also become eligible for other coverage options that may cost less than COBRA continuation coverage.

The right to COBRA continuation coverage was created by a federal law, the Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA). COBRA continuation coverage can become available to you and other members of your family when group health coverage would otherwise end. For more information about your rights and obligations under the Plan and under federal law, you should review the Plan's Summary Plan Description or contact the Plan Administrator.

You may have other options available to you when you lose group health coverage. For example, you may be eligible to buy an individual plan through the Health Insurance Marketplace. By enrolling in coverage through the Marketplace, you may qualify for lower costs on your monthly premiums and lower out-of-pocket costs. Additionally, you may qualify for a 30-day special enrollment period for another group health plan for which you are eligible (such as a spouse's plan), even if that plan generally doesn't accept late enrollees.

#### What is COBRA continuation coverage?

COBRA continuation coverage is a continuation of Plan coverage when it would otherwise end because of a life event. This is also called a "qualifying event." Specific qualifying events are listed later in this notice. After a qualifying event, COBRA continuation coverage must be offered to each person who is a "qualified beneficiary." You, your spouse, and your dependent children could become qualified beneficiaries if coverage under the Plan is lost because of the qualifying event. Under the Plan, qualified beneficiaries who elect COBRA continuation coverage must pay for COBRA continuation coverage.

If you're an employee, you'll become a qualified beneficiary if you lose your coverage under the Plan because of the following qualifying events:

- Your hours of employment are reduced, or
- Your employment ends for any reason other than your gross misconduct.

If you're the spouse of an employee, you'll become a qualified beneficiary if you lose your coverage under the Plan because of the following qualifying events:

- Your spouse dies;
- Your spouse's hours of employment are reduced;
- Your spouse's employment ends for any reason other than his or her gross misconduct;
- Your spouse becomes entitled to Medicare benefits (under Part A, Part B, or both); or You become divorced or legally separated from your spouse.

Your dependent children will become qualified beneficiaries if they lose coverage under the Plan because of the following qualifying events:

- The parent-employee dies;
- The parent-employee's hours of employment are reduced;
- The parent-employee's employment ends for any reason other than his or her gross misconduct;
- The parent-employee becomes entitled to Medicare benefits (Part A, Part B, or both);
- The parents become divorced or legally separated; or
   The child stops being eligible for coverage under the Plan as a "dependent child."

#### When is COBRA continuation coverage available?

The Plan will offer COBRA continuation coverage to qualified beneficiaries only after the Plan Administrator has been notified that a qualifying event has occurred. The employer must notify the Plan Administrator of the following qualifying events:

- The end of employment or reduction of hours of employment;
  - Death of the employee;
  - The employee's becoming entitled to Medicare benefits (under Part A, Part B, or both).

For all other qualifying events (divorce or legal separation of the employee and spouse or a dependent child's losing eligibility for coverage as a dependent child), you must notify the Plan Administrator within 60 days (or enter longer period permitted under the terms of the Plan) after the qualifying event occurs. You must provide this notice to your Plan Administrator.

#### How is COBRA continuation coverage provided?

Once the Plan Administrator receives notice that a qualifying event has occurred, COBRA continuation coverage will be offered to each of the qualified beneficiaries. Each qualified beneficiary will have an independent right to elect COBRA continuation coverage. Covered employees may elect COBRA continuation coverage on behalf of their spouses, and parents may elect COBRA continuation coverage on behalf of their children. COBRA continuation coverage is a temporary continuation of coverage that generally lasts for 18 months due to employment termination or reduction of hours of work. Certain qualifying events, or a second qualifying event during the initial period of coverage, may permit a beneficiary to receive a maximum of 36 months of coverage. There are also ways in which this 18-month period of COBRA continuation coverage can be extended:

#### Disability extension of 18-month period of COBRA continuation coverage

If you or anyone in your family covered under the Plan is determined by Social Security to be disabled and you notify the Plan Administrator in a timely fashion, you and your entire family may be entitled to get up to an additional 11 months of COBRA continuation coverage, for a maximum of 29 months. The disability would have to have started at some time before the 60th day of COBRA continuation coverage and must last at least until the end of the 18-month period of COBRA continuation coverage.

#### Second qualifying event extension of 18-month period of continuation coverage

If your family experiences another qualifying event during the 18 months of COBRA continuation coverage, the spouse and dependent children in your family can get up to 18 additional months of COBRA continuation coverage, for a maximum of 36 months, if the Plan is properly notified about the second qualifying event. This extension may be available to the spouse and any dependent children getting COBRA continuation coverage if the employee or former employee dies; becomes entitled to Medicare benefits (under Part A, Part B, or both); gets divorced or legally separated; or if the dependent child stops being eligible under the Plan as a dependent child. This extension is only available if the second qualifying event would have caused the spouse or dependent child to lose coverage under the Plan had the first qualifying event not occurred.

#### Are there other coverage options besides COBRA Continuation Coverage?

Yes. Instead of enrolling in COBRA continuation coverage, there may be other coverage options for you and your family through the Health Insurance Marketplace, Medicaid, or other group health plan coverage options (such as a spouse's plan) through what is called a "special enrollment period." Some of these options may cost less than COBRA continuation coverage. You can learn more about many of these options at <a href="https://www.healthcare.gov">www.healthcare.gov</a>.

#### Can I enroll in Medicare instead of COBRA continuation coverage after my group health plan coverage ends?

In general, if you don't enroll in Medicare Part A or B when you are first eligible because you are still employed, after the Medicare initial enrollment period, you have an 8-month special enrollment period to sign up for Medicare Part A or B, beginning on the earlier of

- The month after your employment ends; or
- The month after group health plan coverage based on current employment ends.

If you don't enroll in Medicare and elect COBRA continuation coverage instead, you may have to pay a Part B late enrollment penalty and you may have a gap in coverage if you decide you want Part B later. If you elect COBRA continuation coverage and later enroll in Medicare Part A or B before the COBRA continuation coverage ends, the Plan may terminate your continuation coverage. However, if Medicare Part A or Bis effective on or before the date of the COBRA election, COBRA coverage may not be discontinued on account of Medicare entitlement, even if you enroll in the other part of Medicare after the date of the election of COBRA coverage.

If you are enrolled in both COBRA continuation coverage and Medicare, Medicare will generally pay first (primary payer) and COBRA continuation coverage will pay second. Certain plans may pay as if secondary to Medicare, even if you are not enrolled in Medicare.

For more information visit https://www.medicare.gov/medicare-and-you.

#### If you have questions

Questions concerning your Plan or your COBRA continuation coverage rights should be addressed to the contact or contacts identified below. For more information about your rights under the Employee Retirement Income Security Act (ERISA), including COBRA, the Patient Protection and Affordable Care Act, and other laws affecting group health plans, contact the nearest Regional or District Office of the U.S. Department of Labor's Employee Benefits Security Administration (EBSA) in your area or visit <a href="www.dol.govlagencieslebsa">www.dol.govlagencieslebsa</a>. (Addresses and phone numbers of Regional and District EBSA Offices are available through EBSA's website.) For more information about the Marketplace, visit <a href="www.healthcare.gov">www.healthcare.gov</a>.

#### Keep your Plan informed of address changes

To protect your family's rights, let the Plan Administrator know about any changes in the addresses of family members. You should also keep a copy, for your records, of any notices you send to the Plan Administrator.

Triple P Distributing Co, Inc. dba North Florida Sales 3601 Regent Blvd Jacksonville, FL 32224

### MEDICARE PART D

#### Important Notice About Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Our Medical Plan and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You
  can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage
  Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide
  at least a standard level of coverage set by Medicare. Some plans may also offer more coverage
  for a higher monthly premium.
- 2. We have determined that the prescription drug coverage offered by our Medical Plan is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

#### When Can You Join A Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th. However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

#### What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan?

If you decide to join a Medicare drug plan, your current coverage with our Medical Plan will not be affected. If you do decide to join a Medicare drug plan and drop your current coverage with our Medical Plan, be aware that you and your dependents may not be able to get this coverage back.

### MEDICARE PART D

#### When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with our Medical Plan and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later. If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

#### For More Information About This Notice Or Your Current Prescription Drug Coverage:

Contact the person listed below for further information. NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through our Medical Plan changes. You also may request a copy of this notice at any time.

#### For More Information About Your Options Under Medicare Prescription Drug Coverage:

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans. For more information about Medicare prescription drug coverage:

Visit www.medicare.gov

Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the Medicare & You" handbook for their telephone number) for personalized help

Call 1-800-MEDICARE (H300-633-4227) TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at <a href="https://www.socialsecurity.gov">www.socialsecurity.gov</a>, or call them at 1-800-772-1213 (TTY 1-800-325-0778). Remember, keep this creditable coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Triple P Distributing Co, Inc. dba North Florida Sales 3601 Regent Blvd Jacksonville, FL 32224

# HEALTH INSURANCE MARKETPLACE COVERAGE OPTIONS AND YOUR HEALTH COVERAGE

#### **PART A: General Information**

Even if you are offered health coverage through your employment, you may have other coverage options through the Health Insurance Marketplace ("Marketplace"). To assist you as you evaluate options for you and your family, this notice provides some basic information about the Health Insurance Marketplace and health coverage offered through your employment.

#### What is the Health Insurance Marketplace?

The Marketplace is designed to help you find health insurance that meets your needs and fits your budget. The Marketplace offers "one-stop shopping" to find and compare private health insurance options in your geographic area.

#### Can I Save Money on my Health Insurance Premiums in the Marketplace?

You may qualify to save money and lower your monthly premium and other out-of-pocket costs, but only if your employer does not offer coverage, or offers coverage that is not considered affordable for you and doesn't meet certain minimum value standards (discussed below). The savings that you're eligible for depends on your household income. You may also be eligible for a tax credit that lowers your costs.

#### Does Employement-Based Health Coverage Affect Eligibility for Premium Savings through the Marketplace?

Yes. If you have an offer of health coverage from your employer that is considered affordable for you and meets certain minimum value standards, you will not be eligible for a tax credit, or advance payment of the tax credit, for your Marketplace coverage and may wish to enroll in your employment-based health plan. However, you may be eligible for a tax credit, and advance payments of the credit that lowers your monthly premium, or a reduction in certain cost-sharing, if your employer does not offer coverage to you at all or does not offer coverage that is considered affordable for you or meet minimum value standards. If your share of the premium cost of all plans offered to you through your employment is more than 9.12%1 of your annual household income, or if the coverage through your employment does not meet the "minimum value" standard set by the Affordable Care Act, you may be eligible for a tax credit, and advance payment of the credit, if you do not enroll in the employment-based health coverage. For family members of the employee, coverage is considered affordable if the employee's cost of premiums for the lowest-cost plan that would cover all family members does not exceed 9.12% of the employee's household income..12

Note: If you purchase a health plan through the Marketplace instead of accepting health coverage offered through your employment, then you may lose access to whatever the employer contributes to the employment-based coverage. Also, this employer contribution -as well as your employee contribution to employment-based coverage- is generally excluded from income for federal and state income tax purposes. Your payments for coverage through the Marketplace are made on an after-tax basis. In addition, note that if the health coverage offered through your employment does not meet the affordability or minimum value standards, but you accept that coverage anyway, you will not be eligible for a tax credit. You should consider all of these factors in determining whether to purchase a health plan through the Marketplace.

Triple P Distributing Co, Inc. dba North Florida Sales 3601 Regent Blvd Jacksonville, FL 32224

# HEALTH INSURANCE MARKETPLACE COVERAGE OPTIONS AND YOUR HEALTH COVERAGE

#### When Can I Enroll in Health Insurance Coverage through the Marketplace?

You can enroll in a Marketplace health insurance plan during the annual Marketplace Open Enrollment Period. Open Enrollment varies by state but generally starts November 1 and continues through at least December 15.

Outside the annual Open Enrollment Period, you can sign up for health insurance if you qualify for a Special Enrollment Period. In general, you qualify for a Special Enrollment Period if you've had certain qualifying life events, such as getting married, having a baby, adopting a child, or losing eligibility for other health coverage. Depending on your Special Enrollment Period type, you may have 60 days before or 60 days following the qualifying life event to enroll in a Marketplace plan.

There is also a Marketplace Special Enrollment Period for individuals and their families who lose eligibility for Medicaid or Children's Health Insurance Program (CHIP) coverage on or after March 31, 2023, through July 31, 2024. Since the onset of the nationwide COVID-19 public health emergency, state Medicaid and CHIP agencies generally have not terminated the enrollment of any Medicaid or CHIP beneficiary who was enrolled on or after March 18, 2020, through March 31, 2023. As state Medicaid and CHIP agencies resume regular eligibility and enrollment practices, many individuals may no longer be eligible for Medicaid or CHIP coverage starting as early as March 31, 2023. The U.S. Department of Health and Human Services is offering a temporary Marketplace Special Enrollment period to allow these individuals to enroll in Marketplace coverage.

Marketplace-eligible individuals who live in states served by HealthCare.gov and either- submit a new application or update an existing application on HealthCare.gov between March 31, 2023 and July 31, 2024, and attest to a termination date of Medicaid or CHIP coverage within the same time period, are eligible for a 60-day Special Enrollment Period. That means that if you lose Medicaid or CHIP coverage between March 31, 2023, and July 31, 2024, you may be able to enroll in Marketplace coverage within 60 days of when you lost Medicaid or CHIP coverage. In addition, if you or your family members are enrolled in Medicaid or CHIP coverage, it is important to make sure that your contact information is up to date to make sure you get any information about changes to your eligibility. To learn more, visit HealthCare.gov or call the Marketplace Call Center at 1-800-318-2596. TTY users can call 1-855-889-4325.

#### What about Alternatives to Marketplace Health Insurance Coverage?

If you or your family are eligible for coverage in an employment-based health plan (such as an employer-sponsored health plan), you or your family may also be eligible for a Special Enrollment Period to enroll in that health plan in certain circumstances, including if you or your dependents were enrolled in Medicaid or CHIP coverage and lost that coverage. Generally, you have 60 days after the loss of Medicaid or CHIP coverage to enroll in an employment-based health plan, but if you and your family lost eligibility for Medicaid or CHIP coverage between March 31, 2023 and July 10, 2023, you can request this special enrollment in the employment-based health plan through September 8, 2023. Confirm the deadline with your employer or your employment-based health plan.

Alternatively, you can enroll in Medicaid or CHIP coverage at any time by filling out an application through the Marketplace or applying directly through your state Medicaid agency. Visit https://www.healthcare.gov/medicaid-chip/getting-medicaid-chip/ for more details.

#### **How Can I Get More Information?**

For more information about your coverage offered through your employment, please check your health plan's summary plan description

The Marketplace can help you evaluate your coverage options, including your eligibility for coverage through the Marketplace and its cost. Please visit HealthCare.gov for more information, including an online application for health insurance coverage and contact information for a Health Insurance Marketplace in your area.

Triple P Distributing Co, Inc. dba North Florida Sales 3601 Regent Blvd Jacksonville, FL 32224

# Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial **1-877-KIDS NOW** or **www.insurekidsnow.gov** to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call 1-866-444-EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2024. Contact your State for more information on eligibility –

ALABAMA – Medicaid	ALASKA – Medicaid
Website: http://myalhipp.com/ Phone: 1-855-692-5447	The AK Health Insurance Premium Payment Program Website: <a href="http://myakhipp.com/">http://myakhipp.com/</a> Phone: 1-866-251-4861 Email: <a href="mailto:CustomerService@MyAKHIPP.com">CustomerService@MyAKHIPP.com</a> Medicaid Eligibility: <a href="https://health.alaska.gov/dpa/Pages/default.aspx">https://health.alaska.gov/dpa/Pages/default.aspx</a>
ARKANSAS – Medicaid	CALIFORNIA – Medicaid
Website: http://myarhipp.com/ Phone: 1-855-MyARHIPP (855-692-7447)	Health Insurance Premium Payment (HIPP) Program Website: http://dhcs.ca.gov/hipp Phone: 916-445-8322 Fax: 916-440-5676 Email: hipp@dhcs.ca.gov
COLORADO – Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+)	FLORIDA – Medicaid
Health First Colorado Website: https://www.healthfirstcolorado.com/ Health First Colorado Member Contact Center: 1-800-221-3943/State Relay 711 CHP+: https://hcpf.colorado.gov/child-health-plan-plus CHP+ Customer Service: 1-800-359-1991/State Relay 711 Health Insurance Buy-In Program (HIBI): https://www.mycohibi.com/ HIBI Customer Service: 1-855-692-6442	Website: https://www.flmedicaidtplrecovery.com/flmedicaidtplrecovery.com/hipp/index.html Phone: 1-877-357-3268

GEORGIA – Medicaid	INDIANA – Medicaid
GA HIPP Website: <a href="https://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp">https://medicaid.georgia.gov/health-insurance-premium-payment-program-hipp</a> Phone: 678-564-1162, Press 1 GA CHIPRA Website: <a href="https://medicaid.georgia.gov/programs/third-party-liability/childrens-health-insurance-program-reauthorization-act-2009-chipra">https://medicaid.georgia.gov/programs/third-party-liability/childrens-health-insurance-program-reauthorization-act-2009-chipra</a> Phone: 678-564-1162, Press 2	Health Insurance Premium Payment Program All other Medicaid Website: <a href="https://www.in.gov/medicaid/">https://www.in.gov/medicaid/</a> <a href="http://www.in.gov/fssa/dfr/">http://www.in.gov/fssa/dfr/</a> Family and Social Services Administration Phone: 1-800-403-0864 Member Services Phone: 1-800-457-4584
IOWA – Medicaid and CHIP (Hawki)	KANSAS – Medicaid
Medicaid Website:  Iowa Medicaid   Health & Human Services  Medicaid Phone: 1-800-338-8366  Hawki Website:  Hawki - Healthy and Well Kids in Iowa   Health & Human Services  Hawki Phone: 1-800-257-8563  HIPP Website: Health Insurance Premium Payment (HIPP)    Health & Human Services (iowa.gov)  HIPP Phone: 1-888-346-9562	Website: https://www.kancare.ks.gov/ Phone: 1-800-792-4884 HIPP Phone: 1-800-967-4660
KENTUCKY – Medicaid	LOUISIANA – Medicaid
Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP) Website: <a href="https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx">https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx</a> Phone: 1-855-459-6328  Email: <a href="mailto:KIHIPP.PROGRAM@ky.gov">KCHIPP.PROGRAM@ky.gov</a> KCHIP Website: <a href="https://kynect.ky.gov">https://kynect.ky.gov</a> Phone: 1-877-524-4718  Kentucky Medicaid Website: <a href="https://chfs.ky.gov/agencies/dms">https://chfs.ky.gov/agencies/dms</a>	Website: www.medicaid.la.gov or www.ldh.la.gov/lahipp Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)
MAINE – Medicaid	MASSACHUSETTS – Medicaid and CHIP
Enrollment Website: <a href="https://www.mymaineconnection.gov/benefits/s/?language=en_US">https://www.mymaineconnection.gov/benefits/s/?language=en_US</a> Phone: 1-800-442-6003  TTY: Maine relay 711  Private Health Insurance Premium Webpage: <a href="https://www.maine.gov/dhhs/ofi/applications-forms">https://www.maine.gov/dhhs/ofi/applications-forms</a> Phone: 1-800-977-6740  TTY: Maine relay 711	Website: https://www.mass.gov/masshealth/pa Phone: 1-800-862-4840 TTY: 711 Email: masspremassistance@accenture.com
MINNESOTA – Medicaid	MISSOURI – Medicaid
Website: <a href="https://mn.gov/dhs/health-care-coverage/">https://mn.gov/dhs/health-care-coverage/</a> Phone: 1-800-657-3672	Website: <a href="http://www.dss.mo.gov/mhd/participants/pages/hipp.htm">http://www.dss.mo.gov/mhd/participants/pages/hipp.htm</a> Phone: 573-751-2005

MONTANA – Medicaid	NEBRASKA – Medicaid
Website: http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP Phone: 1-800-694-3084 Email: http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP Phone: 1-800-694-3084	Website: http://www.ACCESSNebraska.ne.gov Phone: 1-855-632-7633 Lincoln: 402-473-7000 Omaha: 402-595-1178
NEVADA – Medicaid	NEW HAMPSHIRE – Medicaid
Medicaid Website: http://dhcfp.nv.gov Medicaid Phone: 1-800-992-0900	Website: https://www.dhhs.nh.gov/programs-services/medicaid/health-insurance-premium-program Phone: 603-271-5218 Toll free number for the HIPP program: 1-800-852-3345, ext. 15218 Email: DHHS.ThirdPartyLiabi@dhhs.nh.gov
NEW JERSEY – Medicaid and CHIP	NEW YORK – Medicaid
Medicaid Website: http://www.state.nj.us/humanservices/ dmahs/clients/medicaid/ Phone: 1-800-356-1561 CHIP Premium Assistance Phone: 609-631-2392 CHIP Website: http://www.njfamilycare.org/index.html CHIP Phone: 1-800-701-0710 (TTY: 711)	Website: https://www.health.ny.gov/health_care/medicaid/ Phone: 1-800-541-2831
NORTH CAROLINA – Medicaid	NORTH DAKOTA – Medicaid
Website: https://medicaid.ncdhhs.gov/ Phone: 919-855-4100	Website: https://www.hhs.nd.gov/healthcare Phone: 1-844-854-4825
OKLAHOMA – Medicaid and CHIP	OREGON – Medicaid and CHIP
Website: http://www.insureoklahoma.org Phone: 1-888-365-3742	Website: http://healthcare.oregon.gov/Pages/index.aspx Phone: 1-800-699-9075
PENNSYLVANIA – Medicaid and CHIP	RHODE ISLAND – Medicaid and CHIP
Website: https://www.pa.gov/en/services/dhs/apply-for-medicaid-health-insurance-premium-payment-program-hipp.html Phone: 1-800-692-7462 CHIP Website: Children's Health Insurance Program (CHIP) (pa.gov) CHIP Phone: 1-800-986-KIDS (5437)	Website: http://www.eohhs.ri.gov/ Phone: 1-855-697-4347, or 401-462-0311 (Direct RIte Share Line)
SOUTH CAROLINA – Medicaid	SOUTH DAKOTA - Medicaid

TEXAS – Medicaid	UTAH – Medicaid and CHIP
Website: Health Insurance Premium Payment (HIPP)  Program   Texas Health and Human Services  Phone: 1-800-440-0493	Utah's Premium Partnership for Health Insurance (UPP) Website: <a href="https://medicaid.utah.gov/upp/">https://medicaid.utah.gov/upp/</a> Email: <a href="https://medicaid.utah.gov/upp/">upp@utah.gov</a> Phone: 1-888-222-2542 Adult Expansion Website: <a href="https://medicaid.utah.gov/expansion/">https://medicaid.utah.gov/expansion/</a> Utah Medicaid Buyout Program Website: <a href="https://medicaid.utah.gov/buyout-program/">https://medicaid.utah.gov/buyout-program/</a> CHIP Website: <a href="https://chip.utah.gov/">https://chip.utah.gov/</a>
VERMONT– Medicaid	VIRGINIA – Medicaid and CHIP
Website: Health Insurance Premium Payment (HIPP) Program   Department of Vermont Health Access   Phone: 1-800-250-8427	Website: <a href="https://coverva.dmas.virginia.gov/learn/premium-assistance/famis-select">https://coverva.dmas.virginia.gov/learn/premium-assistance/famis-select</a> <a href="https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs">https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs</a> <a href="https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs">https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs</a> <a href="https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs">https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs</a> <a href="https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs">https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs</a> <a href="https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs">https://coverva.dmas.virginia.gov/learn/premium-assistance/health-insurance-premium-payment-hipp-programs</a>

To see if any other states have added a premium assistance program since July 31, 2024, or for more information on special enrollment rights, contact either:

U.S. Department of Labor Employee Benefits Security Administration www.dol.gov/agencies/ebsa 1-866-444-EBSA (3272) U.S. Department of Health and Human Services Centers for Medicare & Medicaid Services www.cms.hhs.gov 1-877-267-2323, Menu Option 4, Ext. 61565

#### Paperwork Reduction Act Statement

According to the Paperwork Reduction Act of 1995 (Pub. L. 104-13) (PRA), no persons are required to respond to a collection of information unless such collection displays a valid Office of Management and Budget (OMB) control number. The Department notes that a Federal agency cannot conduct or sponsor a collection of information unless it is approved by OMB under the PRA, and displays a currently valid OMB control number, and the public is not required to respond to a collection of information unless it displays a currently valid OMB control number. See 44 U.S.C. 3507. Also, notwithstanding any other provisions of law, no person shall be subject to penalty for failing to comply with a collection of information if the collection of information does not display a currently valid OMB control number. See 44 U.S.C. 3512.

The public reporting burden for this collection of information is estimated to average approximately seven minutes per respondent. Interested parties are encouraged to send comments regarding the burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to the U.S. Department of Labor, Employee Benefits Security Administration, Office of Policy and Research, Attention: PRA Clearance Officer, 200 Constitution Avenue, N.W., Room N-5718, Washington, DC 20210 or email ebsa.opr@dol.gov and reference the OMB Control Number 1210-0137.

Notes:			

Notes:		

Notes:	



## 2026 Benefits Overview

Disclaimer: This brochure highlights the main features of the Triple P Distributing Co, Inc dba North Florida Sales Employee Benefits Program. It does not include all plan rules, details, limitations, and exclusions. The terms of your benefit plans are governed

by legal documents, including insurance contracts. Should there be an inconsistency between this brochure and the legal plan documents, the plan documents are the final authority. Triple P Distributing Co, Inc dba North Florida Sales reserves the right to change or discontinue its employee benefits plans at any time.

